

Client Name:
Client Address:
Client Phone Number: Client Email: Address:
Preferred method of contact for appointment reminders and accountability:   Phone   Email
Client Date of Birth: Gender Pronouns:
Marital Status: ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed
Total Cost: \$ Paid:   Per Session \$
Who, if anyone, do you give Solutions by Millie permission to discuss your course work and or
progress with?
Tell us a little about your business:
Notice & Disclaimers:
Recommended session time is ONE hour. These meetings can be scheduled as often as needed.
Upon request, clients will receive one follow-up/accountability text or email to remind them about their
"homework" between sessions. Depending upon session schedule, this follow-up may be a few days,
or a week out from the next scheduled session. Clients will get the most out of coaching when they participate in conversation, are vulnerable and transparent, attend scheduled sessions, and complete
assigned homework. Sessions may be rescheduled with 24-hour notice without any penalty. The cost
of your session will be billed for cancellations or rescheduling within a 24-hour period prior to session.
Clients may reach their consultant by text message at 254-498-8613 or by email at
info@kimmillington.com. Messages will be responded to between the hours of 8:00am and 9:00pm. If there is an emergency, or crisis in any of the areas addressed within the sessions, please contact via
phone call ASAP. We want you to succeed and being available to work through a crisis with you is
important to us. Ten minute sessions can be scheduled with very limited notice and can be scheduled
by texting the number listed above. Those sessions are billed at \$1/minute and an invoice will be sent
to the email address on file.
Solutions by Millie uses a plethora of resources drawn from academic research, readings, education
and experience in each coaching session. Although we believe (and have seen) individuals experience
great success once they have implemented the tools provided through coaching, we cannot guarantee
outcomes. Each session will be different and completely developed around the individual needs of the
client. For questions about coaching, the homework or any of the content areas discussed, please text
or email using the information provided above.
Client Responsibility:
As the client, I understand it is my responsibility to be honest, and participate fully in order to achieve
the most from this course. I also understand that no refunds will be issued if I quit coaching and will be
responsible for any remaining session fees if not cancelled with at least 24-hour notice.
Release of Liability: I, the undersigned, agree to indemnify and hold harmless Solutions by Millie, LLC
and any of its employees for any outcomes related to the sessions and solution implementation.
Client Signature:
Client Printed Name:
Date: Next 3 Session Dates:
Consultant Signature: