

# Solutions

BY MILLIE

Client Name: \_\_\_\_\_

Client Address: \_\_\_\_\_

Client Phone Number: \_\_\_\_\_ Client Email: Address: \_\_\_\_\_

Preferred method of contact for appointment reminders and accountability:  Phone  Email

Client Date of Birth: \_\_\_\_\_ Gender:  Male  Female  No answer

Marital Status:  Single  Married  Separated  Divorced  Widowed

Total Cost: \$ \_\_\_\_\_ Paid:  Upfront  Per Session \$ \_\_\_\_\_

Who, if anyone, do you give Solutions by Millie permission to discuss your course work and or progress with? \_\_\_\_\_

## Notice & Disclaimers:

Recommended session time is ONE hour. These meetings can be scheduled as often as needed. Upon request, clients will receive one follow-up/accountability text or email to remind them about their "homework" between sessions. Depending upon session schedule, this follow-up may be a few days, or a week out from the next scheduled session. Clients will get the most out of coaching when they participate in conversation, are vulnerable and transparent, attend scheduled sessions, and complete assigned homework. Sessions may be rescheduled with 24-hour notice without any penalty. The cost of your session will be billed for cancellations or rescheduling within a 24-hour period prior to session.

Clients may reach their consultant by text message at 254-498-8613 or by email at info@kimmillington.com. Messages will be responded to between the hours of 8:00am and 9:00pm. If there is an emergency, or crisis in any of the areas addressed within the sessions, please contact via phone call ASAP. We want you to succeed and being available to work through a crisis with you is important to us. Ten minute sessions can be scheduled with very limited notice and can be scheduled by texting the number listed above. Those sessions are billed at \$1/minute and an invoice will be sent to the email address on file.

Solutions by Millie uses a plethora of resources drawn from academic research, readings, education and experience in each coaching session. Although we believe (and have seen) individuals experience great success once they have implemented the tools provided through coaching, we cannot guarantee outcomes. Each session will be different and completely developed around the individual needs of the client. For questions about coaching, the homework or any of the content areas discussed, please text or email using the information provided above.

## Client Responsibility:

As the client, I understand it is my responsibility to be honest, and participate fully in order to achieve the most from this course. I also understand that no refunds will be issued if I quit coaching and will be responsible for any remaining session fees if not cancelled with at least 24-hour notice.

Release of Liability: I, the undersigned, agree to indemnify and hold harmless Solutions by Millie, LLC and any of its employees for any outcomes related to the sessions and solution implementation.

Client Signature: \_\_\_\_\_

Client Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_ Availability : \_\_\_\_\_

Consultant Signature: \_\_\_\_\_